

Kaytlyn “Kaytee” Gillis, LCSW

www.KaytlynGillisLCSW.com | KaytlynGillisLCSW@gmail.com

Education and Licensure

PhD

Michigan State University,

Expected 2028

MSW

Tulane University,

December 2012

B.A.

Clark University, Psychology,

2009

Licenses:

- LCSW- Louisiana Clinical License 12153
- LMSW- Michigan Clinical License 2023-current
- BACS- LA Board Approved Clinical Supervisor, 10/202

Academic Positions

PSYCHOLOGY 316: CHILDREN EXPOSED TO DOMESTIC VIOLENCE

- Michigan State University, Department of Psychology, Summer 2024.

Certifications

Global Social Work

Dec 2012 - current

Research Experience

Current Research Assistant

Michigan State University, School of Social Work

- Program Evaluation
- Secondary Data Analysis

Professional Research Project

Tulane University School of Social Work,

Spring to Winter 2012

- Providing Safe and Accurate Sex Education in Louisiana Schools
- Supervised by Dr. Sonia Gilkey

Trainings Given

- **Colibri Healthcare:** 3 Hour CEU on Domestic and Intimate Partner Violence in LGBTQ Relationships, ongoing
- **Children’s Aid Society:** How Does Childhood Trauma Affect Parenting? Live Webinar, June 2024
- **Children’s Aid Society:** Impact of Narcissistic Family Structures, Live Webinar, Aug 2024
- **PESI:** When Does Relationship Conflict Tip Into Intimate Partner Violence, part of a 2 credit CEU with Psychotherapy Networker, 2023

- **Zur Institute:** Annual trainings on Domestic and Intimate Partner Violence
- **Minnesota Society for Clinical Social Work:** Supporting Clients Experiencing Domestic Violence: Virtual Training, February 2024
- **Continue Learn:** Live CEU training on Family Dysfunction and Family Trauma, July 2022, Theracare Wellness
- **ContinuED:** Annual Continuing Educator on topics of IPV and family trauma, 2023 to present.

Select Publications

Academic Publications

- Cho H., Kim W., Gillis K., et al. (2024). Intimate Partner Violence Polyvictimization and Female Survivors' Help-Seeking: Variations by Race/Ethnicity. J Fam Viol. <https://doi.org/10.1007/s10896-024-00707-x>

Published Works

- Gillis, K. (2024), Coercive Control Through Post Separation Abuse (working title). Psychotherapy Networker. In Publication.
- Gillis, K. (2024), Supporting Clients who Experienced Parental Abandonment (working title). Psychotherapy Networker. In Publication.
- Gillis, K., & Turner, E. (2023), Case Study: Uncovering Intimate Partner Violence: When Does Relationship Conflict Tip into Abuse? Psychotherapy Networker.
- Gillis, K. (2022), Three Myths about Domestic Violence...and How Social Media is Changing the way Clients think about it. Psychotherapy Networker.

Books

- Gillis K. (2021). Invisible Bruises: How a Better Understanding of the Patterns of Domestic Violence can help Survivors Navigate the Legal System. Lisa Nicole Publishing.
- Gillis K. (2023). It's Not "High-Conflict" It's Post Separation Abuse. Lisa Nicole Publishing.
- Gillis K. (2023). Breaking the Cycle: The 6 Stages of Healing from Childhood Family Trauma. Clara's Voice Publishing.
- Gillis K. (2025). Healing from Parental Abandonment (title in progress). New Harbinger Publishing.

Column

- **Psychology Today Column:** Invisible Bruises, [Psychology Today](#)

Invited Talks

- **APEC Permanency Conference: General** Speaker, Birmingham, AL, April 2025
- **Stand Up Survivor, Inc.:** Annual Sister Survivor Conference, Aug 31, 2024
- **Stand Up Survivor, Inc.:** Annual Sister Survivor Conference, July 1, 2023
- **Stand Up Survivor, Inc.:** Live Talks, Aug 2020, Sept 2020, May 2021, October 2021, March 2022, May 2022, June 2022
- **Doctor Radio, SiriusXM:** Discussing childhood trauma, 2023 and 2024
- **Mental Health News Radio, SiriusXM:** Discussing Post Separation Abuse, 2023

Select Media

- **BBC World News:** Is Online Relationship Advice Harmful? Live interview, May 2024
- **TIME Magazine:** Signs of Codependency in Families, October 2023
- **TIME Magazine:** Advice from a Therapist, April 2024
- **The Relationship Doctor, Dr. Wendy Walsh on iHeart radio, SiriusXM:** Live radio event, July 2022
- **Scripps News:** The Rise of “Therapy Speak:” Is it Harmful? November 2023
- **Cp24 News:** Live panel discussion about IPV and Kanye West’s behavior, March 2022
- **Shaye Ganam, 630CHED/770CHQR:** Live radio discussion on Intimate Partner Violence
- **Stand Up Survivor, Inc.:** Male and LGBTQ Survivors Virtual Summit, May 2021
- **Los Angeles Times:** Feeling Seen and Safe: Is Your Therapist the Right Fit For You? March 2023
- **Healthline:** How Common Is Domestic Violence? March 2023
- **Newsweek:** Parental abandonment of LGBTQ people, March 2023
- **National Bulletin on Domestic Violence:** Book feature/review of Invisible Bruises, February 2023

Service

Research Consortium on Gender-Based Violence:
Michigan State University, 2023 - present

Research Consortium Sexual and Gender Minority Health:
Michigan State University, 2023 - present

Clinical Experience

Private Practice
Kaytlyn Gillis LCSW-BACS LLC, April 2018-present

- Specializing in working with survivors of relationship and family trauma and the LGBTQ community.

Rowley Alternative School, Methodist School-Based Health Clinic
July 2018-July 2023

- Providing therapy to middle and high school aged adolescents on a school campus.

Beacon Behavioral Hospital
Director of Social Services, July 2017-July 2018

- Managing the social services staff in an inpatient hospital.

Seaside Hospital, Intensive Outpatient Program
Clinical Director, July 2015-July 2017

- Managing the staff of therapists, nurses, and mental health techs in an intensive outpatient program.